Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. '(Canceled)
- 2. (Currently amended) A method of releasing energy comprising the steps of providing an electrolyte having a catalyst therein, the catalyst being suitable for initiating transitions of hydrogen and/or deuterium atoms in the electrolyte to a sub-ground energy state, and being one of rubidium ions or potassium ions and having a concentration of between 1 mMol and 20 mMol, and generating a plasma discharge in the electrolyte, wherein the plasma discharge is generated by applying a voltage across electrodes in the electrolyte of at least about between 50V and 20,000V.
- 3. (Previously presented) The method of Claim 2 wherein the voltage is applied so as to produce an intermittent plasma discharge.
 - 4. (Canceled)
- 5. (Withdrawn) The method of Claim 2 wherein the applied voltage is greater than 300V.
- 6. (Previously presented) The method of Claim 2 wherein the applied voltage has a substantially square shaped waveform.
- 7. (Previously presented) The method of Claim 2 wherein the applied voltage has a pulsed waveform having a duty cycle between 0.001 and 0.5.
- 8. (Previously presented) The method of Claim 2 wherein the voltage is switched on and off by a switching assembly comprising an insulated gate bipolar transistor.

- 9. (Previously presented) The method of Claim 2 wherein the applied voltage has a waveform having a frequency of between DC and 100kHz.
- 10. (Previously presented) The method of Claim 2 wherein a metal hydride is formed on an electrode which dissociates to form hydrogen and/or deuterium atoms.
- 11. (Previously presented) The method of Claim 10 wherein the metal hydride is formed on an electrode during voltage pulses and subsequently dissociates to form hydrogen and/or deuterium atoms.
- 12. (Previously presented) The method of Claim 2 wherein the current density generated by the applied voltage is 400,000 A/m² or above.
- 13. (Previously presented) The method of Claim 2 and further comprising the step of feeding the electrolyte past the electrodes.
- 14. (Previously presented) The method of Claim 13 wherein, after the step of feeding the electrolyte past the electrodes, the electrolyte is fed through a heat exchanger.
- 15. (Previously presented) The method of Claim 14 wherein, after the step of feeding the electrolyte through the heat exchanger, it is fed back to the electrodes.
- 16. (Previously presented) The method of Claim 2 and further comprising generating a magnetic field in the region of the electrodes.
- 17. (Previously presented) The method of Claim 16 wherein the magnetic field is generated by supplying power to a winding surrounding the electrodes.
- 18. (Previously presented) The method of Claim 17 wherein the frequency of the voltage applied across the winding is in the range from DC to 100MHz.
- 19. (Previously presented) The method of Claim 16 wherein the magnetic field is arranged to cause the plasma discharge generated adjacent the cathode to be spaced therefrom.

- 20. (Withdrawn) The method of Claim 2 wherein hydrogen and/or deuterium atoms are formed using a first cathode and the voltage applied to generate the plasma discharge is applied across an anode and a second cathode.
- 21. (Withdrawn) The method of Claim 20 wherein the second cathode is downstream from the first cathode.
- 22. (Previously presented) The method of Claim 2 wherein a cathode electrode comprises tungsten, zirconium, stainless steel, nickel and/or tantalum.
- 23. (Withdrawn) The method of Claim 22 wherein a cathode electrode comprises a sheath of nickel foil wrapped on a substrate of tungsten, zirconium, stainless steel and/or tantalum.
- 24. (Previously presented) The method of Claim 2 wherein the anode electrode is formed of a material which is inert with respect to the electrolyte.
- 25. (Previously presented) The method of Claim 24 wherein the anode comprises platinum, palladium and/or rhodium.
- 26. (Previously presented) The method of claim 2 wherein the temperature of the plasma is approximately 6000K or above.
 - 27. (Canceled)
- 28. (Previously presented) The method of claim 2 wherein the electrolyte comprises water and/or deuterated water and/or deuterium oxide.
- 29. (Previously presented) The method of Claim 28 wherein the only reactive ingredient consumed by the reaction is water or deuterated water.

- 30. (Withdrawn) The method of Claim 28 and further comprising the step of varying the ratio of water to deuterium oxide and/or deuterated water in the electrolyte to control energy generation.
- 31. (Previously presented) The method of claim 2 and further comprising the step of heating the electrolyte to a temperature between 40 to 80°C prior to generating the plasma discharge.
- 32. (Previously presented) The method of claim 2 wherein fusion occurs via at least one of the following pathways:

$${}^{2}_{1}D + {}^{2}_{1}D = {}^{3}_{2}He + {}^{1}_{0}n$$
or
 ${}^{2}_{1}D + {}^{2}_{1}D = {}^{3}_{1}T + {}^{1}_{1}H$
or
 ${}^{1}_{1}H + {}^{1}_{1}H = {}^{2}_{1}D + \beta^{+} + \tau$

- 33. (Withdrawn) Apparatus for carrying out a method of releasing energy comprising an anode, first and second cathodes, a reaction vessel having an inlet and an outlet, means for feeding an electrolyte through the vessel from its inlet to its outlet, the electrolyte having a catalyst therein suitable for initiating transitions of hydrogen and/or deuterium atoms in the electrolyte to a sub-ground energy state, means for applying a voltage across the anode and the first cathode to form hydrogen and/or deuterium atoms, and means for applying a voltage across the anode and second cathode to generate a plasma discharge in the electrolyte, the second cathode being downstream from the first cathode.
- 34. (Withdrawn) Apparatus of Claim 33 including means for converging electrolyte flow towards the second cathode.
- 35. (Withdrawn) Apparatus of Claim 34 wherein the converging means is in the form of a funnel or nozzle.

36. (New) A method of releasing energy comprising the steps of

providing an electrolyte having a catalyst therein, the catalyst being suitable for initiating transitions of hydrogen and/or deuterium atoms in the electrolyte to a sub-ground energy state and being capable of absorbing approximately (m*27.2)eV, where m is an integer, the catalyst being one of rubidium ions or potassium ions and having a concentration of between 1mMol and 20mMol, and

generating a plasma discharge in the electrolyte, wherein the plasma discharge is generated by applying a voltage across electrodes in the electrolyte of between 50V and 20,000V.